



YEMAYA REEFS

Welcome

- JOYFUL ISLAND LIVING -
LITTLE CORN ISLAND, NICARAGUA



About Little Corn

The Corn Islands made up of little and Big Corn Island have long been known to surfers and backpackers and were once a refuge for pirates. The two islands, located 43 miles off the Caribbean coast of Nicaragua, are a tropical paradise offering travelers the opportunity to get off the beaten path and explore the relaxed island lifestyle - not only for relaxing, visitors can also undertake adventurous activities that Nicaragua is known for including snorkeling, scuba diving, kayaking and fishing. Little Corn Island is a charming island that is only about 1.5 square miles in size. Filled with scenic ocean views unobstructed by cruise ships, its white-sand beaches, coral reefs, cabanas and local restaurants make Little Corn Island feel extra special. Locals get around on foot with no motorized vehicles available on the island. Little Corn Island is home to a population of approximately less than 1,200 individuals who mainly speak Creole English. Adventurous Travelers will find a relaxed atmosphere and a way of life that embraces the surrounding nature.

USEFUL INFORMATION

How far is town? 15 – 25 minutes depending on your pace
How to get to town? Exit through the back door of Yemaya and continue straight without turning. Lighthouse- (A great detour on your way to town.)
Between the baseball field and town there is a lighthouse, which offers great views of the island. There are no ATMs or banks – but most places take card or bring enough cash.



IN
PARADISE



Diving places:

- Las Palmeras
- Dereks Place

Restaurants in town:

- Turned Turtle
- Habana Libre
- Driftaway
- Tranquilo Cafe
- Melissa's





Island Activities

Kayak | Paddle boards | Snorkeling gear

Feel free to use our equipment to explore the sea around you. Please wash the equipment and return it to its place after use, thank you.

Tours + Excursions (1.5 - 2 hours)

Snorkeling tour: \$30 per person – Includes amenities

Sunset cruise: \$35 per person – Includes beer and soda

Moonlight cruise: \$60 per person – Includes charcuterie

Fishing tour: \$75 per person – Join local fishermen on their fishing route

Romantic dinner & bonfire: \$170 per couple – Enjoy a special dinner under the stars with a bonfire on the beach.

Beach bonfire: \$30 per couple – bar service available

Scuba Diving (certified or non-certified divers): Price available on request



***All prices are in US Dollars and do not include tax (+15%)**



Wellness Offerings

Yoga + Breathwork: \$12 per person (see schedule with concierge)

These all-level classes align you with nature's rhythm, gently opening the body and restoring the mind and spirit through a series of accessible movements and revitalizing breathing (pranayama) practices.

Private Sessions: 60 minutes | \$55 individual | \$75 couple

Tailored sequencing based on individual needs/ goals (i.e., for beginners, alignment focus, nervous system regulation).

Cacao + Meditation: \$15 per person (see schedule with concierge)

Explore the rich history and discover the physical and mental benefits of cacao in this session. You'll enjoy a delectable chocolate elixir while being guided in an immersive meditation, connecting you deeply to the experience of this ancient heart medicine.

Private Ceremony: 90 minutes | \$75 individual | \$100 couple

A customized ritual experience incorporating cacao, tarot reading, guided meditation, physical movement, breathwork, or a unique blend of these practices tailored specifically for you.



*All prices are in US Dollars and do not include tax (+15%)



Spa Services

Relaxing Massage – a soothing and gentle therapy designed to calm the body and mind, ideal for reducing stress, improving circulation, and encouraging a deep sense of tranquility.

60 minutes: \$80 | 90 minutes: \$100

Energizing Massage – combines stimulating techniques to invigorate the body and boost vitality, ideal for releasing tension while leaving you feeling more alert, refreshed, and energized.

60 minutes: \$100 | 90 minutes: \$130

Deep Tissue Massage – a therapeutic technique that targets the deeper layers of muscles and connective tissues, ideal for those looking for a more intense, restorative treatment.

60 minutes: \$120 | 90 minutes: \$160

Spa Experiences – see descriptions below

2.5 hours: individual \$220 | \$350 for couples



*All prices are in US Dollars and do not include tax (+15%)

Spa Experiences

CHOCOLATE BLISS

Surrender yourself to the tender embrace of our skilled spa team as the delightful scent of fresh cacao wafts through the air. This indulgent treatment polishes and deeply hydrates, leaving your skin as soft and supple as silk.

Experience includes: cacao body exfoliation, refreshing shower, cacao body wrap, relaxing flower bath + tea service.

REVITALIZE

The perfect remedy for renewal when life has you drained. Combining energising natural ingredients and an invigorating massage to help your skin and muscles expel all toxins weighing your body down.

Experience includes: body exfoliation, refreshing shower, Energizing Massage, relaxing flower bath + tea service.

SUN RECOVERY

Ideal for when you've overindulged in the sun's rays; recover with this gentle facial and body treatment, aiding in reducing inflammation and redness. Your skin will be soothed and rehydrated with our organic aloe gel mask and lavender essential oil.

Experience includes: aloe vera treatment, facial, Relaxing Massage, relaxing flower bath + tea service.



Thermal Experiences

CLASSIC HOT - COLD THERAPY

Awaken Your Senses and Strengthen Your Immune System. Immerse yourself in our invigorating hot and cold water circuit. Start by building a detoxifying sweat in our traditional temazcal, then refresh and energize in our rejuvenating cold bath. Relax, unwind, and repeat the cycle for a truly revitalizing experience.

Experience includes: 3 rounds of 20 minute sauna session followed by cold bath (or shower) + tea service.

Price: \$35

Inquire with concierge for schedule information

GUIDED SWEAT CEREMONY

Dive into Deep Renewal!

Embark on a transformative journey to release layers of physical, mental, and emotional toxins. Surrender to the guided experience of detoxifying your mind, body, and spirit in our traditional temazcal—a sacred space for profound healing and renewal.

Experience includes: 45 - 60 minute guided sweat ritual, hydration recovery beverage.

Price: \$30 per person (minimum \$150)

Inquire with concierge for scheduled events or to book a private group.



Diving

**The Little Dive Shack
by the Sea
DIVE CENTER**

Derek's Place
Little Corn Island, Nicaragua

**SSI SCUBA
SCHOOLS
INTERNATIONAL**

We offer daily two-tank dives at 7:30 AM, 1:30 PM, and a sunset-night combo 4:00 PM, with small groups ranging from 1 to 4 divers. Whether you're a solo adventurer or with friends, we provide private service and cater to special requests - just let us know, and we'll do our best to make it happen! All our dives are guided by a certified dive instructor for your safety and enjoyment.

We provide Cressi quality equipment and offer personalized attention, ensuring you have everything you need for a fantastic underwater experience. Located just a 5-10 minute beach walk from Yemaja Reefs, you'll have quick access to stunning reefs. After your dive, treat yourself to a meal at our onsite vegetarian eatery - enjoy breakfast before diving, or lunch afterward. For night dives, order ahead and we'll have your meal ready when you return. Come dive with us for an experience tailored just for you!

Fun dives: 2 tanks 3.330 Cordobas/US\$90 pp
Combo 2 tank: Sunset and Night 3.700 Cordobas/US\$ 100 pp
DISCOVER SCUBA 3.330 Cordobas/US\$90 pp
Open Water Course: 14.615 Cordobas/US\$395pp
Advanced Adventurer: 12.765 Cordobas/US\$ 345pp

Ask for our dive packages, Refresher classes and other courses available if you like to continue your diving experience after the Advanced certification.

Book your dives Now!
+505 84421398


LAS PALMERAS
Little Corn Island, Nicaragua

"Discover the Underwater World - Dive with Us!"

"Join our professional diving instructors for unforgettable adventures beneath the waves. Whether you're a beginner or an experienced diver, we have courses tailored to your needs!"

Contact us:

+505 86624742

+39 345 8135925



laspalmerasdivecenter





Concierge: **+505 84155543**

Check in: 3pm

Check out: 11am

Housekeeping hours: 8am – 4pm

YEMAYALITTLECORN.COM

